

# **APPENDIX H**

## **SUGGESTED EMERGENCY SUPPLY LISTS**

- H-1 CLASSROOM GRAB AND GO KIT
- H-2 SCHOOL FLOOR/POD FIRST AID KIT
- H-3 SCHOOL TRAUMA KIT
- H-4 EMERGENCY CONTAINER CONTENTS
- H-5 SUGGESTIONS FOR STUDENT COMFORT/SURVIVAL KITS
- H-6 SUGGESTIONS FOR VEHICLE OR OFFICE PACKS (STAFF COMFORT KITS)

NOTE: TO ORDER ANY OF THE SUPPLIES LISTED ON ANY OF THE FOLLOWING PAGES, PLEASE REFER TO THE CATALOGUE POSTED IN THE PURCHASING INFO CONFERENCE ON FIRSTCLASS (DESKTOP>ALL STAFF>PURCHASING INFO).

PACs WISHING TO PURCHASE SUPPLIES FROM THIS CATALOGUE NEED TO CONTACT THEIR SCHOOL'S SECRETARY FOR THE CATALOGUE AND ORDER FORM

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## **CLASSROOM GRAB AND GO KIT**

<b><u>QUANTITY</u></b>	<b><u>DESCRIPTION</u></b>
1	<b><u>First Aid Kit:</u></b>
	<b><u>Quantity</u>    <u>Description</u></b>
	Box of 100    ¾" x 3" plastic adhesive strip
	6    Crepe roller bandage
	2 rolls    2" x 5 yd cling gauze
	3    4" x 4" compress dressing
	3    4" x 4" gauze sponge – packages of 2
	4    5" x 9" abdominal pad
	4    Cotton triangular bandage c/w 2 safety pins each
	6    Sterile eye pad
	1    120ml bottle of eye rinse solution
	1 pair    Surgical scissors
	1 roll    1" x 5 yd adhesive hospital tape
	1    Emergency foil blanket
	1    Aluminum splint
	3 pair    Nitrile (non-latex) gloves
	1    Flashlight c/w batteries
	30    Dust masks
	30    Garbage bags (29 black, 1 clear)
	1 roll    Toilet tissue
	1    Whistle
	1    First aid manual
	1    Clearly marked water-resistant nylon kit bag for storage
1	Up-to-date copy of class list
1	List of students and/or staff with disabilities and their special requirements, if any
20-30	Name tags (preferably already completed with student name, CareCard number and other key information) and either clips or lanyards
1	Orange safety vest for teacher
1	Copy of First Aid for Emergencies Guide (St. John's Ambulance)*
1	Copy of Basic Rescue Skills Guide (Government of Canada)*

\* - available for download from the DeltaPrepared website and Emergency Preparedness conference in FirstClass

## **SCHOOL FLOOR/POD FIRST AID KIT**

<b><u>QUANTITY</u></b>	<b><u>DESCRIPTION</u></b>
2 rolls	1" x 5 yd adhesive hospital tape
2 rolls	2" x 5 yd adhesive hospital tape
6	Crepe roller bandage
12	Cotton triangular bandage c/w 2 safety pins each
Box of 100	¾" x 3" plastic adhesive strip (Band-Aid)
6	6" x 6" sterile pressure dressing
10	4" x 4" sterile pressure dressing
4 rolls	3" x 5 yd cling gauze
100	4" x 4" non-sterile 8 ply gauze sponge
10	3" x 4" Telfa sterile gauze pad
12	12" x 16" non-sterile abdominal pad
12	Emergency foil blanket
1	Black marker
3	120ml bottle of eye rinse solution
2	Instant cold pack
1	Penlight c/w batteries
1 pair	Surgical scissors
1	3" x 5 yd non-sterile esmarch bandage
6 pair	Nitrile (non-latex) gloves
1	Pocket mask with one-way valve and O <sub>2</sub> outlet
12	Aluminum splint
1	First aid manual
1	Clearly marked water-resistant nylon kit bag for storage

## **SCHOOL TRAUMA KIT**

<b><u>QUANTITY</u></b>	<b><u>DESCRIPTION</u></b>
2	Reflective arm band
6	3" x 5 yd tensor bandage
12	Cotton triangular bandage c/w 2 safety pins each
20	4" x 6" sterile pressure dressing
30	4" x 4" sterile pressure dressing
30	3" x 5 yd conforming stretch bandage
600	4" x 4" non-sterile gauze sponge
30	3" x 4" Telfa sterile gauze pad
30	8" x 10" sterile abdominal pad
4	Instant cold pack
3 pair	Splinter forceps
3 pair	Surgical scissors
2 pair	Universal scissors
1	3" x 5 yd non-sterile esmarch bandage
100 pair	Nitrile (non-latex) gloves
2	Pocket mask with one-way valve and O <sub>2</sub> outlet
2	Laerdal pocket mask
12	Aluminum splint
2 sets	Straps for spine board
36	Emergency foil blanket
2	Explosion/waterproof flashlight c/w batteries
4	12 hour emergency light-stick
2	Signal whistle
1	Clipboard
1	Ball point pen w/ flex grip
1	Dry erase marker (red)
1	Ruled paper pad
1	First aid manual
1	Grey Incident Command Vest with identification (Administration)
1	Clearly marked water-resistant nylon kit bag for storage

# **EMERGENCY CONTAINER CONTENTS**

## **MINIMUM BASIC EQUIPMENT LIST**

- Tarpaulins - 24' x 40'
- Nylon rope - 1/4" x 100'
- Nylon rope - 3/8" x 100'
- Tent pegs - 3 packs
- Tent poles (to hold up tarpaulins to form tents) - 3 packs
- Knife (heavy duty multi-blade) – 3 each
- Small sledge hammer - 2 each
- Handsaw
- School Trauma First aid kit (in case all kits not retrieved from building)
- Emergency blankets
- Two-way radios of sufficient number and range to suit school with batteries charged
- Battery-operated flashlights and spare batteries (stored separately) - at least 3
- Class B hardhat - 4 each
- Safety goggles - 4 sets
- Leather work gloves - 4 pairs
- Dust masks - 4 packs
- Double-end 36" crowbar
- Fire axe
- Pick
- Shovel
- Multi-bit screwdriver
- Crescent wrench
- Vise-grip
- Duct tape
- Garbage bags
- Basic office supply kit (pens, pencils, felt markers, scissors, stapler, paper, clip boards)
- Glow sticks
- Battery-operated portable radios and spare batteries (stored separately) - at least 3
- Waterproof matches - 3 packs
- Box of fire logs (i.e. "Duraflame")
- Water purification tablets - 3 packs of 30
- Food rations (sufficient amount for expected number of staff/students for 72 hours)
- Water rations (sufficient amount for expected number of staff/students for 72 hours)
- Min. of nine (9) Incident Command Vests with identification – 1 green (Command Centre), 2 red (First Aid Unit) and 6 orange (Various Operations)
- Set of Incident Command Station Signs (450x600mm double-sided coroplast supported by 2m steel rod that is pushed into the ground): "Command Centre", "First Aid", "Food & Water", "Restroom", "Search & Rescue", "Morgue"

## **BASIC SANITARY SUPPLIES**

- Roll of black polyethylene (used to form privacy screen for latrines)
- Buckets - 4 each
- White kitchen plastic trash bags (to line buckets) and twist ties - 1 box
- Rolls of toilet paper - 2 x 24 packs
- Sanitary pads - 2 packs
- Disinfectant spray - 2 cans
- Pre-moistened towelettes - 2 boxes

# **SUGGESTIONS FOR STUDENT COMFORT/SURVIVAL KITS**

## **ELEMENTARY STUDENTS**

### **Food**

- Choose from the suggested list those which are suitable for your child:
  - Peanut-free granola bars
  - 250ml juice tetra packs
  - Beef jerky
  - Vienna sausage
  - Tuna or other canned meat
  - Fruit leather or roll-ups
  - Sugarless chewing gum

### **Shelter**

- One green garbage bag and one plastic grocery bag to make emergency raincoat and hat (see sources of supplies if you wish to purchase ready-made plastic raincoats)
- One solar blanket

### **Basic Physical Comforts**

- Napkin or tissues (i.e. “Kleenex”)
- Moist towelettes (i.e. “Wet Wipes”)
- Band-aids (2 or 3)

### **Amusement and Emotional Comforts**

- Choose those appropriate to your child:
  - Small stuffed animal
  - Family photo
  - Deck of playing cards
  - Pocket game
  - Paper and pencil
  - Letter of comfort from you to your child

### **Medications**

- If your child requires special medications, please enclose with instructions

#### **NOTE:**

- 1) IT IS EXTREMELY IMPORTANT THE CONTENTS NOT BE OVERDONE:
  - a. THE KIT IS ONLY INTENDED FOR SHORT TERM NEEDS
  - b. STORAGE SPACE IS A PREMIUM AND TOO MUCH WEIGHT IS ALSO A CONCERN
- 2) EACH KIT MUST BE CLEARLY LABELLED WITH YOUR CHILD’S NAME
- 3) THE KIT WILL BE RETURNED TO PARENTS AT THE END OF THE SCHOOL YEAR

## **SUGGESTIONS FOR VEHICLE OR OFFICE PACKS (STAFF CONFORT KITS)**

- Gas tank at least 1/4 full
- Booster cables, tools
- Bottled water - at least four litres
- Peanut-free granola bars, fruit bars and/or high energy food bars
- Canned food and manual can opener
- Outdoor clothing and a backpack
- Rubber boots and other comfortable footwear
- Sleeping bag, "space" blankets
- First aid kit, medications
- Waterproof matches, candles
- Toilet tissue, towelettes, "baggies", and hygiene products
- Multi-tool, scissors, duct tape and work gloves
- Garbage bags and twist ties
- Money, especially coins
- Map of the region in which you live
- Pen/pencil and paper
- Flashlight and spare bulb, radio and batteries (stored separately)
- Whistle
- Personal identification and medical information